



SANIDAD INTERNACIONAL
E N S E N A D A

INSTITUTO DE SERVICIOS DE SALUD PÚBLICA DEL ESTADO DE B. C.

INTERNATIONAL HEALTH DEPARTMENT

LOGISTICS AND OPERATIONAL PLAN

“International Yatch Race “New Port 2 Ensenada”

April 22nd. - 24th 2022

I- INTRODUCTION

In the port of Ensenada, B.C., the International Health authorities must apply the policies that are complied in the “Manual para la operación de los Servicios de Sanidad Internacional” (Julio, 2020), which is based on the “International Health Regulations” (IHR, 2005), and the General Health Law; in order to prevent the entry into our State of diseases that are subject of international epidemiological surveillance, or quarantine diseases; as well as avoiding epidemiological outbreaks, and mitigating infections that pose a risk to the health of the population at the port of Ensenada. The following document, shows the procedures that will be carried out in the outpost by the International Health authorities, once the first boat reaches the “International Yacht Race: **New Port 2 Ensenada**”, which will take place on April 22nd. - 24th 2022.

II- SPECIFIC ACTIVITIES

The International Health Authority will be the first contact with the crew and/or travelers, once the procedures listed below are implemented, they will be able to get off their boats.

1. Medical staff will be the first authority to board the boat.
2. Each traveler will be asked a series of questions regarding the tripulation health.
3. The temperature (w/thermometer) and oxygen saturation will be taken (w/oximeter) to each crew member who arrives in the boats from New Port Beach, CA. (U.S.A)
4. A visual inspection of the crew symptoms will be carried out.
5. Covid Vaccine Record will be asked to be shown to the health authority (not mandatory).
6. The signatures of the person in charge of the boat (captain), and the health authority will be collected.
7. The International Health Inspection certificate will be delivered to the captain of the boat.

AVE. RUÍZ Y CALLE 14 # 1380, ZONA CENTRO, ENSENADA, BAJA CALIFORNIA. TEL: 646 178 04 64, 646 178 63 78





NOTE: according to the assessment of the medical staff, they will determine if the crew members are allowed to get off or not get off the boat, according to the result of the sanitary inspection.

III- PREVENTIVE MEASURES

It's responsibility of the event organizers to inform the sanitary actions and health measures to prevent the spread of diseases. The basic actions to reduce the risk of transmission of acute respiratory infections that every traveler should keep in mind during the days of the event are the following:

- Use of face masks in public spaces (in Mexico is mandatory for indoor establishments regardless vaccination status).
- Maintain social distancing (2 mts./ 6ft)
- Cover coughs and sneezes with tissues.
- Wash your hands with soap and water, for at least 20 seconds; and/or use hand sanitizer (70% alcohol base).
- Avoid close contact with people suffering from acute respiratory infections.

IV- SUSPECT CASE IDENTIFICATION

The procedures of the health authority for a suspected case of COVID-19 or another condition of public health importance in the event, will be to provide indications for them to be provided medical attention, laboratory sample or transfer, according to the case required to the person in charge of the hotel, event organizers and travelers.

1. Remain on board at the boat or assign a hotel room to proceed with taking a sample to give a health diagnosis.
2. Take a sample according to the condition. a) For respiratory disease, the sample collection will be for SARS-COV-2. b) For acute diarrheal disease, rectal swab taken to rule out cholera. c) For febrile exanthematous illness (fever and skin rash), blood sample for diagnosis of measles and/or rubella.
3. The traveler will be asked to take shelter in his boat and/or hotel room until the results are obtained.

Definition of a suspected COVID-19 case: Any person who in the last 7 days has presented at least two of the following signs and symptoms: cough, fever or headache, accompanied by at least one of the following signs and symptoms: difficulty in breathing, aching body, runny nose, conjunctivitis, pharyngeal burning.



V-

CONFIRMED CASE

In case of obtaining a positive result, the next actions will be taken:

- International Health will notify the positive case to the corresponding authorities.
- The Hotel will activate its COVID-19 isolation protocol (sanitation measures), and must provide the room number to the International Health Department (to monitor it).
- The daily temperature log will be sent for 14 days (provide thermometer to the guest for daily monitoring).
- Avoid going out during the observation period, both the positive case and its contacts (isolation suggested).
- In case of requiring medical attention, it will be requested through the agent of the insurance company, to request private health services.

In case of signs and symptoms, the dispositions will be:

· Mild Symptoms will remain on board at the boat or hotel room until a period of 10 days, as well as their contacts.

· Serious Symptoms, the transfer protocol will be activated in Mexican territory or the United States of America depending on the traveler's medical insurance. Once the isolation period is over, a nasopharyngeal sample must be taken (for SARS-COV-2)

Once the result is negative, the crew member / traveler may return to their activities, or return to their place of origin, as the case may be.

NOTE: These indications may be modified and / or adapted, according to the guidelines or indications of the health authorities, once the date of the event approaches. New recommendations and / or actions may be included in the event of a health emergency of international importance (ESPII), other than COVID-19 (SEE ANNEX 2 IHR)

SINCERELY

DRA. ALEXANDRA TERRÍQUEZ CHÁVEZ

COORD JURISDICCIONAL DE SANIDAD INTERNACIONAL