

INSTITUTO DE SERVICIOS DE SALUD PÚBLICA DEL ESTADO DE B. C.

2021 INTERNATIONAL YACHT RACE LOGISTICS AND OPERATIONAL PLAN

I- INTRODUCTION

In the port of Ensenada, B.C., the International Health authorities must apply the policies that are complied in the “Manual para la operación de los Servicios de Sanidad Internacional” (Julio, 2020), which is based on the “Reglamento Sanitario Internacional” (RSI, 2005), and the General Health Law; In order to prevent the entry into our State of diseases subject to international epidemiological surveillance, or quarantine diseases; as well as avoiding epidemiological outbreaks and mitigating infections that pose a risk to the health of the population of our Ensenada Municipality.

The following document shows the procedures that will be carried out in the outpost by the International Health authorities, once the first boat reaches the “Newport - Ensenada Regatta” race, which will take place from April 23rd to 25th, 2021.

II- SPECIFIC ACTIVITIES

The International Health Authority will be the first contact with the crew and / or travelers, once the procedures listed below are implemented, they will be able to get off their boats.

1. Medical personnel will be the first authority to board the boat.
2. Each traveler will be asked a series of questions regarding health.
3. The temperature (thermometer) and oxygen saturation will be taken (oximeter) to each crew member who arrives in the boats from Newport Beach, CA. (U.S).
4. A visual inspection of the crew symptoms will be carried out.
5. The signatures of the person in charge of the boat and the health authority will be collected.
6. The international health inspection certificate will be delivered to the captain of the boat.

NOTE: according to the assessment of the medical staff, they will determine if the crew members are allowed to get or get not off the boat, according to the result of the sanitary inspection.



III- PREVENTIVE ACTIONS

The responsibility for the dissemination of sanitary actions will be in charge of the event organizers (NOSA), as well as the hotels involved in the logistics of the event. The basic principles to reduce the risk of transmission of acute respiratory infections that every traveler should keep in mind during the days of the event are the following:

- Use of face masks in public.
- Maintain social distancing (1.5 mts./ 6ft)
- Cover coughs and sneezes with tissues.
- Wash continuously your hands with soap and water, for at least 20 seconds; and / or use antibacterial gel (70% alcohol base).
- Avoid close contact with people suffering from acute respiratory infections.

IV- SUSPECT CASE IDENTIFICATION

The procedures of the health authority of a suspected case of COVID-19 or another condition of public health importance in the event, will be to provide indications for them to be provided medical attention, laboratory sample or transfer, according to the case required to the person in charge of the hotel, NOSA and travelers.

1. Remain on board at the boat or assign a hotel room to proceed with taking a sample to give a health diagnosis.
2. Take a sample according to the condition.
 - a) For respiratory disease, the sample collection will be for SARS-COV-2.
 - b) For acute diarrheal disease, rectal swab taken to rule out cholera.
 - c) For febrile exanthematous illness (fever and skin rash), blood sample for diagnosis of measles and / or rubella.
3. The traveler will be asked to take shelter in his boat and / or hotel room until the results are obtained.



Definition of a suspected COVID case: Any person who in the last 7 days has presented at least two of the following signs and symptoms: cough, fever or headache, accompanied by at least one of the following signs and symptoms: difficulty in breathing, aching body, runny nose, conjunctivitis, pharyngeal burning.

V- CONFIRMED CASE

In case of obtaining a positive result, the next actions will be taken:

- International Health will notify the positive case to the corresponding authorities.
- The Hotel will activate its COVID-19 isolation protocol (sanitation measures), and must provide the room number to the International Health Department (to monitor it).
- The daily temperature log will be sent for 14 days (provide thermometer to the guest for daily monitoring).
- Avoid going out during the observation period, both the positive case and its contacts (recommend isolation).
- In case of requiring medical attention, it will be requested through the agent of the company NOSA, to request private health services.

In case of signs and symptoms, the dispositions will be:

- **Mild Symptoms** will remain on board at the boat or hotel room until a period of 14 days, as well as their contacts.
- **Serious Symptoms**, the transfer protocol will be activated in Mexican territory or the United States of America depending on the traveler's medical insurance.

Once the isolation period is over, a nasopharyngeal sample must be taken (for SARS-COV-2), once the result is negative, the crew member / traveler may return to their activities, or return to their place of origin, as the case may be.

NOTE: These indications may be modified and / or adapted, according to the guidelines or indications of the health authorities, once the date of the event approaches. Similarly, new recommendations and / or actions may be included in the event of a health emergency of international importance (ESPII), other than COVID-19 (SEE ANNEX 2 RSI)



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